# **Choice and Control in Hoarding Disorder**

Professional Development Workshop Wednesday 21<sup>st</sup> March 2018





The Anxiety Disorders Association of Victoria presents a professional development workshop for psychiatrists, psychologists, social workers and allied health practitioners, with presenter Megan Karnes.

### **Overview**

This program is designed to be educational, interactive and empowering - working to positively impact professional's active client work and improve outcomes for people who hoard as well as others who engage with them.

Key ideas that will be covered in the workshop include:

- · Understanding hoarding disorder
- · Case study work (throughout)
- · Risk/Risk Assessment/Legislation
- Positive engagement/Techniques
- Outcomes are policy and practice tools as well as an action plan

## Presenter

Counsellor BA (Hons), Dip. Clinical Supervision and Consultancy, Prim. Cert CBT, National Advocacy Qualification, Independent Mental Health Advocate, Independent Capacity Advocate, MBACP.





Megan Karnes, Director of HoardingUK, first launched a onepage website which has now grown into a large network of support for people who compulsively hoard. Integrating Megan Karnes' fourteen years' experience of supporting people who compulsively hoard, family, friends, neighbours and professionals, HoardingUK is an organisation committed

to increasing choice and control for people who compulsively hoard while ensuring that professionals are empowered to provide appropriate and effective interventions. Our focus is bringing a mix of professionals and people directly impacted by this complex issue.

Megan understands that the issues involved seem to transcend borders, and such whilst on a visit to Australia she is keen to host an interactive and engaged day to try to open doors and clear pathways to improved support for those impacted by hoarding behaviour, and those who want to help them.

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### Please note:

APS Members can accrue Continuing Professional Development (CPD) hours by participating in CPD activities that they determine to be relevant to their individual professional skills, learning plans and goals. These may be self-initiated. CPD activities do not need to be endorsed by the APS.

Date	Wednesday 21 <sup>st</sup> March 2018 Time: 1.00-4.00pm (registrations 12.30pm)	
Presented by	Megan Karnes, Counsellor	
Venue	Kew Library (Phyllis Hore Room) Cotham Road & Civic Drive, Kew VIC 3101	
Additional details	<ul> <li>Includes presentation handouts and reference materials</li> <li>Certificate of Attendance upon completion</li> <li>Afternoon tea/coffee and freshly cakes are provided</li> </ul>	
Cost*	Standard/Non-members: \$75.00 ADAVIC Members: \$50.00 *ADAVIC does not charge GST	
Booking details	Bookings are limited to 40 professionals 16 <sup>th</sup> March or until booked out	
How to book	ADAVIC Online Store: www.adavic.org.au/product-view.aspx?Id=300 Registration form below	
Enquiries	Phone: (03) 9853-8089 Email: adavic@adavic.org.au	

## Proceeds from this event help to maintain ADAVIC services

ADAVIC is a not-for-profit organisation providing community-based support, information and resources for anxiety and depression.



The UK National Charity for People Impacted by Hoarding Behaviours

## **PAYMENT & REGISTRATION FORM**

I would like to register for:



Professional Development Program: Choice and Control in Hoarding Disorder presented by Megan Karnes on Wednesday 21st March 2018.

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ATTENDEE NAME(S)			
POSITION TITLE			
ORGANISATION			
EMAIL			
POSTAL ADDRESS			
CONTACT NUMBERS	1 2		
HOW DID YOU HEAR ABOUT THIS EVENT?			
WOULD YOU LIKE TO RECEIVE OUR E-NEWSLETTER?	□ YES □ NO		
YOUR LEVEL OF KNOWLEDGE ON THIS TOPIC	□ LOW □ MEDIUM □ HIGH		
DO YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS?	<ul><li>□ NIL □ VEGETARIAN □ GLUTEN FREE</li><li>□ OTHER (please specify):</li></ul>		
PAYMENT AMOUNT	\$75.00 – Standard/Non-Member \$50.00 - ADAVIC Member  PLEASE NOTE: A 25% administration fee applies for refunds requested before 9th March 2018. No refunds or credits will be issued after this date.		
PLEASE FIND ENCLOSED MY:			
Cheque / Money Order (Made out to Anxiety Disorders Association of Victoria)			
Credit Card details:			
Name on Card:			
Credit Card Type:	☐ MasterCard		
Credit Card No:			
CVV Number: (	last three digits on back of card)		
Expiry Date:/	Signature:		
RETURN TO:			
Please return this Payment Form via email to <a href="mailto:adavic@adavic.org.au">adavic@adavic.org.au</a> Or post to <b>ADAVIC:</b> P.O. Box 625, Kew, VIC 3101			
OFFICE USE ONLY: Processed by	Date		
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