

Insight

Do you feel you are someone who focuses more on weaknesses than on strengths, either yours or other people's? This group will help you to learn more about your strengths and how to access and utilise them every day. Insight provides ways of working with your strengths, abilities and potential rather than problems and deficits.



Where:

Mind Nunawading office
Level 1, 353 Whitehorse Road
Nunawading VIC 3131

When:

10:00 am – 1:00 pm
16 and 23 March, 6, 13, 20 and 27 April,
4 and 11 May 2018

Cost:

Cost to participate in this course varies according to the package of support you currently receive, i.e. Personal Helpers and Mentors (PHaMs), Partners in Recovery (PiR), National Disability Insurance Scheme (NDIS) or other fee-for-service program. If you do not have a current support package, you can attend as a private fee-paying participant.

Directions:

Nunawading railway station is located on the Lilydale and Belgrave railway lines. Mind Nunawading office is a 450 meter walk from the station.

To participate:

Speak to the team at the Mind Thrive Centre or contact our customer service centre, Mind Connect on 1300 286 463.

To cancel or vary a booking: Please call Mind Connect, our customer service centre on 1300 286 463 at least 24 hours prior to the activity date, excluding public holidays (where two (2) working days' notice is required). If you cancel or change a booking in agreement with minimum advertised times, no charge will be applied.

Mind reserves the right to cancel groups if there are not enough bookings by the 'bookings close date' for the advertised event.

Mind Connect

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