

Uniting

Seeking Safety

**Self development program for high
school students**

Seeking Safety is aimed towards young women,
and developing healthy relationships with
themselves and others.

Some of the topics that will be included are:

Personal strengths
Future goals
Help seeking skills
Positive gender relationships
Positive coping skills

Referral/enquiries:

resilientkidsresilientwomen@wesley.org.au

Ph: 8870 4040

