

~ GIRL POWER ~

Girls Empowerment Program

An art therapy group for adolescent girls, aged 14-17, who are living with or have lived with violence and abuse.

- ~ An opportunity for girls to express themselves, their feelings & experiences, through various art forms ~
- ~ Improve self-confidence and self-esteem ~
- ~ Learn about healthy relationships ~
- ~ Form new friendships ~
- ~ In a safe space that encourages listening and caring ~



Program runs for **8 weeks, on a Tuesday, from the 17th July – 4th September; 4pm – 7pm**
@ **Anglicare Lilydale** – 47 Castella Street, Lilydale

There is no cost for this program, and all art materials will be provided, as well as refreshments.
No artistic skills necessary!!

To register your interest or to find out more,
please contact **Sonia** at Anglicare – **9735 4188** or **Leanna** at ECASA – **9870 7310**
to discuss the program or to make a time for us to meet with you.