

Free online
program

Feeling pressure
to have a
'perfect' body?

Who?

Young people who identify as
female aged 14 - 18

When?

Tuesdays 22/9/20 - 27/10/20
4:30-6:00pm

Register:

Email your interest to
enquiries@headspacehawthorn.org.au

Challenge thoughts
about your body

Start to feel better
about your body

Push back on the media
and society's
expectations

body
project
Australia

Contact:

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